

MS DMTs

How to Choose, When to Switch



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UPCOMING PROGRAMS

TUESDAY, JANUARY 23
YOUR QUESTIONS ANSWERED
MS Treatment Options

THURSDAY, FEBRUARY 1
CARE PARTNER MEETUP
Physical and Emotional Wellbeing

STARTING FEBRUARY 6
4-PART COACHING SERIES
Mind Over MS: Strategies For
Staying Sharp

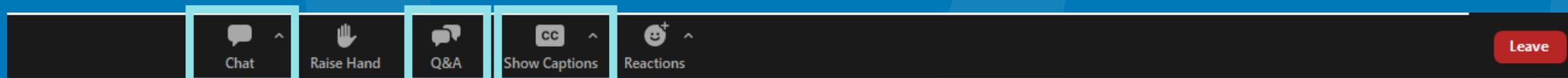
**THURSDAY, FEBRUARY 29 &
FRIDAY, MARCH 1**
TAKE CHARGE
Progression and Aging with MS



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How to Ask Questions During the Webinar

Type in your questions
using the Questions Box



Provide comments and engage
with the speakers and audience
using the **Chat Box**

NEW! Closed captioning

YOUR SPEAKERS



Kathy Costello
Nurse Practitioner

North Carolina



Matthew McAdams
Neurologist

Massachusetts

MS Disease Modifying Treatments (DMTs)

- Tested in clinical trials and reviewed by FDA
- Modulate the immune system
- Limit new inflammation and damage
- Reduce attacks or relapses
- Slows disease progression
- All DMTs are approved for relapsing forms of MS
- There is currently only **one DMT** approved for **primary progressive MS**

Oral DMTs

- Teriflunomide (Aubagio®)
- Cladribine (Mavenclad®)
- **S1P receptor modulators**
 - Fingolimod (Gilenya®)
 - Ozanimod (Mayzent®)
 - Siponimod (Zeposia®)
 - Ponesimod (Ponvory®)
- **Fumarates**
 - Dimethyl fumarate (Tecfidera®)
 - diroximel fumarate (Vumerity®)
 - Monomethyl fumarate (Bafiertam®)



Self-Injected DMTs



- **Glatiramer acetate**
 - Copaxone
 - Glatopa®
 - Glatiramer acetate for injection
- **Interferon *beta-1a***
 - Avonex®
 - Rebif®
 - Plegridy®
- **Interferon *beta-1b***
 - Betaseron®
 - Extavia®
- **B-cell depleter**
 - Ofatumumab (Kesimpta®)

Infused DMTs



- **Natalizumab**
 - Tysabri®
 - Tyruko®
- **B-cell depleters**
 - Ocrelizumab (Ocrevus®)
 - Ublituximab (Briumvi®)
- **Immunosuppressant**
 - Mitoxantrone
- **Anti CD 52**
 - Alemtuzumab (Lemtrada®)



Which DMT is right for you?

This decision should be made between you and your MS Provider

- **Your Provider**

- Knows the disease process and the details of DMTs

- Individual disease risk factors

- **You**

- Know your goals, fears, risk tolerance, lifestyle

Ask a lot of questions!

- How do they work?
- What will happen if I wait to start a DMT?
- What if I do not start at all?
- How are they taken?
- What are the side effects?
- What are the risks – short term and long term?
- What if I want to have children?
- What is the risk of infection? PML?
- Can more than one be taken at the same time?
- How do we know if the DMT is working for me?



Need to switch DMTs?

You and your MS provider will answer these questions

- Are you having any new symptoms?
 - Mobility, balance, falls, stiffness, bladder/bowel, sensation, thinking, speaking, vision
- Have existing symptoms worsened?
- Are there any new spots on the MRI?
- Has your neurological examination changed?
- Are you having side effects that cannot be well controlled?
- Are you unable to take the DMT?
 - Cost, side effects, anxiety
 - Safety issues

Key Takeaways



Starting early and persisting with MS DMTs:

- Limits new damage
- Reduces attacks (relapses)
- Delays progression



Decisions regarding DMTs are best made by you AND your MS provider



Consider all the factors when choosing a DMT

- effectiveness, side effects, cost, risks, family planning and more

Q+A



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Communication, Intimacy, and Sex

Understanding and Overcoming Sexual Challenges in MS

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